



BUTCHERS BROOM

Botanical Name: *Ruscus aculeatus*

Common Name: Box holly, kneeholy, knee holly, kneeholm, pettigree, sweet broom.

Medicinal part: Root

Description: *Ruscus aculeatus*, known as butcher's-broom, is a low evergreen Eurasian shrub, with flat shoots known as cladodes that give the appearance of stiff, spine-tipped leaves. Small greenish flowers appear in spring, and are borne singly in the centre of the cladodes. The female flowers are followed by a red berry, and the seeds are bird-distributed, but the plant also spreads vegetatively by means of rhizomes.



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